

# MARK H. McCORMACK Department of Sport Management

# Undergraduate Internship Handbook

498 Internship Handbook

Revised by Sport Management Department 4/1/15

#### Sport Management Undergraduate Internship Handbook

Director of Internships: Tony Lachowetz, Room 236E SOM Building, (413) 545-5040

#### The Internship

The student internship is an educational, on-the-job learning experience. Our internship sponsor roster includes a wide variety of sport organizations to choose from such as professional sport teams and leagues; collegiate athletic departments, conferences and associations; public and private sport facilities and clubs; high school athletic programs; sport marketing and consulting firms; and various amateur sport organizations.

- The internship is arranged for course credit (SPORTMGT  $498 \sim 12$  credits).
- The minimum length of the placement is 13 weeks, with at least 40 hours of work per week.

#### **Educational Purpose**

- 1. Learn current methods from expert practitioners;
- 2. Apply learned theoretical content in a practical sport management-based setting;
- 3. Measure and evaluate skill set and knowledge base relative to the needs of the field;
- 4. Explore a potential sport management career option, and;
- 5. Gain a greater appreciation for the role and function of sport management professionals.

#### **Eligibility**

Within the first several weeks of each semester, a mandatory meeting is held for all undergraduates who are interested in transferring into the Internship Track.

To *apply* for the internship track, which does not guarantee eligibility for an internship, a student must meet the following criteria:

- 1. A 2.8 GPA or higher;
- 2. Completion of a minimum of 60 and a maximum of 89 credits\*;
- 3. Completion of 9 Sport Management credits (Introduction to Sport Management must be 3 of those credits);
- 4. Attendance at an internship track seminar or a meeting with Director of Internships
- 5. Submission of a completed internship track application, which includes, *inter alia*, recommendation signatures from two full-time faculty members.
  - \*A student who has completed 90 credits or more may only apply to the internship track with special permission from the Internship Director *and* Undergraduate Sport Management advisor.

To *begin* an internship, a student must meet the following criteria:

- 1. Acceptance into the internship track;
- 2. Completion (by Dr. Lachowetz) and delivery to the Registrar's Office (by the student) of a "Change of Major" form, changing the student's major from SPORT MGT, General Track to SPORTMGT, Internship Track;
- 3. A GPA of 3.0 or higher in completed Sport Management courses
- 4. Completion of 75 credits;

- 5. Completion of 3 of the following 4 courses: ACCT 221, ECON 103, MATH 121, and COMPSCI 105;
- 6. Completion of 12 Sport Management credits;

Because an intern represents not only him or herself but our school as well, anyone accepted into the internship track may be denied the opportunity to accept an internship in the event of losing qualifying academic standing, academic dishonesty, serious violation of the Student Code of Conduct, or failure to meet responsibilities associated with preparation for the internship (as specified by the Director of Internships).

#### **Placement**

The Sport Management Internship Office has a computer database with nearly 500 prospective internship sponsors. Names, phone numbers, addresses, are located on this database. There are also Internship Reports from former students on file in the library offering a student's perspective, as well as an overview of a particular internship. Another resource is the Sport Management On-Line Alumni Directory; a "network" of UMass Sport Management colleagues currently in the field. Access to this directory requires a paid fee and subsequent password assignment. Go to Room 236E SOM Building for more details. **Students are expected to be resourceful and self-motivated in securing an internship**; flexibility, assertiveness, and initiative are critical. No guarantee can be made as to the geographic location, compensation, or specific segment of the industry.

#### Five Placement Options:

- 1. The Sport Management Department has standing arrangements with several sport organizations, who regularly accept interns from the UMass program.
- 2. The Department also receives numerous inquiries from various sport organizations seeking an intern on a "one-time" or periodic basis.
- 3. A student may consider an internship with a sport organization not on our list, provided the application has the approval of the Director of Internships.
- 4. A student must have at least 12 credits of the required Sport Management major courses, non-elective.
- 5. Any student who has *not* taken Finance FOMGT 300 or 301 during the Fall or Spring semester, *must* to fill out a Course Exchange Request Form in order to take finance in the Winter session, the Summer session, or online. This form is in the Undergraduate Advisor's office ISOM 206.

#### Registration

If the internship is for the Fall or Spring semester, registration is completed as if registering for regular classes. If the internship begins during the summer months, registration is done through Continuing Education. The course number used for registration is SPORTMGT 498. Inasmuch as Fall and Spring internships generally take the full semester and are typically off campus, the student is solely responsible for assuring that all department and gen ed requirements are met or will be met in time for scheduled graduation.

#### **Fees**

An individual will not start an internship until <u>all</u> registration fees are paid. If the internship is away from the Greater Amherst area, undergraduates may complete a form requesting a reduction in the cost of fees payable during the academic semester of internship.

#### **Requirements for Completion**

All internships are graded on a Pass-Fail system. In addition to the commitment made to the organization during the internship, the student must also complete the following:

- 1. Internship Contract Data Form to be brought to 236E SOM and emailed to dbyrd@umass.edu.
- 2. A pre-internship Learning Objectives Form;
- 3. Two (2) 2-3 page papers that reflect on your internship experience in context of your reading of Mark H. McCormack's book, *What They Don't Teach Your at Harvard Business School* (prompts to be provided by Director of Internships Office)
- 4. An internship report at least 20 pages in length, meeting specific guidelines (see Report Guidelines);
- 5. Strategic Business Memo (see Report Guidelines)
- 6. A satisfactory Final Performance Appraisal Form, and;
- 7. A post-internship Agency Evaluation Form.

#### Compensation

Most internships are not paid. However, some organizations are able to offer housing and/or board, while in other situations the intern is paid a modest hourly wage or works on a commission basis. The extent and form of compensation may be negotiable.

#### When the Internship is Completed

It is generally acknowledged that the 13-week period following the completion of a student's academic requirements would be the best time to do an internship. However, readiness varies from student to student. Some internship sponsors only consider individuals for an internship if they have one to two additional semesters of class work to complete **AFTER** the internship.

#### **Health Insurance**

If you are covered under the student health plan then you will be covered when you do your internship. Undergraduates who do not have the student health plan should check with their family health plan to ensure that they are covered while completing their internship.

# **Application for the Internship Track**

Sport Management Department			
Date of Application	ID Number _		
Student Name	(Please Print)		
	(1 lease 1 lillt)		
UMass Address			
Campus Phone			
Campus E-Mail *IMPORTANT*			
Permanent Address			
Dhona No			
E-Mail			
Expected Graduation Date	Graduation C	redits To Date	
Mo./Yı			
Courses Completed in the Departmen (12 credits in SPORTSTU necessary)		Semester	Grade

Please indicate when the following were completed:					
	Semester	Grade			
Econ 103					
Statistic Requirement					
Computer Science Requirement					
Overall GPA Major	r GPA				
sired Starting Date for Internship					
Internship PreferenceName of Org	anization of Type or O	rganization			
Location					
Of	fice Use Only				
Date Accepted into the Internship Track _					
Advisor's Signature					
Date Added to the Database					

# **Internship Recommendation Form**

DATE:			
TO: Internship Director			
FROM: Sport Management Faculty			
SUBJECT:	Recommendation for	the Internship Track	
Student Name		ID Number	Dept. GPA
I, the undersi	igned, recommend the al	pove student for admission to	o the Internship Track:
1. Full-Time	Faculty Member	Signature	Date
2.		-	_
Full-Time	Faculty Member	Signature	Date

# **Internship Matching Form**

Date: I	D number:
Student Name:	
Email address:	
	Expected Graduation Date:
Anticipated internship time: Month:	Year:
Geographic Limitations:	
What are your career goals?	
Where do you see yourself in five (5) years?	
etc.)	like to work in? (e.g. pro football, college athletics,
2.	
3.	
Rank area(s) of preferred work (1-8): Market Events; Finances; Law	ing; Sales; Facilities; CR; HR;
If you could pick your ultimate internship, wh List your top 3.  1.	at would it be?
2.	
3.	

What do you consider to be your "ultimate" job in sports?

Attach a copy of your current resume with this form.

# **Internship Contract Data Sheet and Checklist**

\*This form must be completed and returned to Office 236E SOM and emailed to dbyrd@umass.edu. DO NOT MAIL or FAX.

Student's Name:	E-Mail:
Current Address:	Permanent Address:
Current Phone:	Permanent Phone:
Internship Organization:	
Organization's Address:	
O	
Supervisor's Name:	Title:
Supervisor's Phone:	E-Mail:
Intern Starting Date:	Ending Date:
Internship Checklist:	Date Received
Internship Learning Objectives Form Internship Contract Completed 13 Week Placement 13 Weekly Experience Log Sheets Evaluation of the Agency Form Evaluation of the Supervisor Form Internship Report	
Office Use Only: Supervisor's Evaluation of the Intern Form Sen Supervisor's Evaluation of the Intern Form Rec Report Guidelines Sent (one month prior to con Internship Report Due Internship Director's Call to Supervisor	eived

#### Report Guidelines -- Requirements for Internship Report

In addition to the "hands-on" learning obtained through your internship, it is also intended to provide an educational experience enabling you to apply your UMass course work and reflect upon your personal and professional development. This will be accomplished through the completion and submission of the following documents:

#### **Procedural Requirements**

- A. The report should be a minimum of twenty (20) typed, double spaced pages. In general, the final report should range between 20-25 pages. It may be considerably longer, depending on the availability of information regarding the organization and the scope of the internship. Please follow APA Guidelines (5<sup>th</sup> Edition) in terms of set up, font, margins, citation of references, etc (http://www.apastyle.org/).
- B. The report should be submitted via email to Director of Internships prior to or during the last week (Week 13) of the internship (except for the summer due date is August 8)
- C. If the report is unsatisfactory, it will be returned to the student intern for revisions. At this stage of a student's academic career, spelling, grammar, and factual data will all be reviewed carefully.

#### I. McCormack-Related Assignments

Students completing a 12 credit internship will be required to read the Mark H. McCormack book "What they Don't teach You at Harvard Business School," paying particular attention to Chapter 4 and Chapter 10 prior to beginning your 12 credit internship. Both assignments are designed to assist students to think about their personal attributes and internship accolades that will help them advance within an organization and to negotiate for a full-time position following their internship.

#### Assignment #1 (due Week #8 of your internship):

In Chapter 4 "Getting Ahead," McCormack discusses the importance of "combining your capabilities with an understanding of how the game is played" in order to help advance yourself within an organization [consider this 2 ½ - 3 page, single-spaced assignment to be a precursor to the second assignment which has you utilize information from Chapter 10 "Negotiating"] to negotiate for a full-time job you've identified within the organization. For the Chapter 4 assignment, identify what you've learned thus far through your internship that has helped you understand "how the game is played" in your organization and what information and tactics you can use to further advance yourself in your internship, leading to your Chapter 10 assignment - negotiating for a full-time position in the organization

#### Assignment #2 (due Week #10 of your internship):

Using information from Chapter 10 entitled "Negotiating," provide your argument that you deserve to be retained for full-time employment (select your full-time position) following completion of your internship. This  $2\frac{1}{2}$  - 3 page, single-spaced paper should include negotiating

tactics and positions discussed by Mark McCormack in Chapter 10 and applied to the full-time position you are pursuing. Throughout the assignment, reference McCormack's advice and how you will use this advice to successfully transition from your internship to your full-time position. Be sure to include specific internship successes, awards, accolades, leadership opportunities, outcomes, etc. you are responsible for as part of your negotiating strategy. This assignment should be written as a business memo to the person doing the hiring. Finally, your negotiation language should include how your personal and professional attributes (pre- and post-internship) will provide specific benefits to specific job responsibilities of the full-time job you are pursuing.

#### II) INTERNSHIP REPORT

#### A) Organizational Analysis

- 1 The Organization
  - Briefly describe the major purpose of the organization (include any relevant promotional brochures and any other information that describes the work for the organization). What is the organization's mission statement?
- 2 Structure and Personnel
  - Submit an organizational chart and provide an analysis of the organization's operating efficiency.
  - Submit position descriptions of management.
  - What are the backgrounds (academic, vocational, etc.) of the leading people in the organization? (DO NOT SUBMIT BIO's FROM ORGANIZATIONAL PUBLICATIONS.) What are the strongest asset(s) of the leading people?
    - (a) (NOTE: A student should attempt to meet with the organization's leading people to gain an understanding of their position and experience.)
- 3 Financial Aspects
  - What are the major sources of revenue for the organization and what are the major categories of expenditure?
  - Provide approximate percentages for the sources and categories of expenditures.
  - In what areas could the organization improve its financial management?
- 4 Legal Aspects
  - What types of legal issues are faced by the organization?
  - How are they handled?
  - Who provides the legal services for the organization?
- 5 Marketing
  - What extent does the organization market itself and how?
  - What unique marketing tactics did you witness the organization utilizing?
  - How would you improve its marketing program?
- 6 Public Relations / Community Relations
  - How does the organization communicate with its stakeholders (media, fans, public at large) and are they effective?
  - How is the organization involved within its community? What programs are run, what are the goals and how do they fit within the organization's goals?
- 7 Technology

- How has the organization embraced technology? Detail the programs utilized (custom programs, database management, Internet communications), within the particular departments of the company (sales, marketing, communications, operations, etc.).
- What types of cutting-edge technologies does the organization utilize in its marketing, sales, communications and/or community relations efforts?

#### **B)** Internship Analysis

- 1 Detail your internship responsibilities. Be specific in terms of job responsibilities, reporting structure, and duties.
- 2 Describe the most significant areas of knowledge and/or skills that you acquired during your internship.
- 3 What were the most positive features of your internship experiences?
- 4 What were the limitations of your internship experiences?

#### C) Application of Sport Management Theory

- 1 In your specific internship area (i.e. marketing, law, finance, etc.) what areas of theory did the organization utilize or rely upon? Identify any research material referred to.
- 2 How did your internship experience further your understanding of the area in which you were working?
- 3 Discuss how the overall internship experience and academic experience will assist in your professional career.

#### D) Internship Experience Reflections on Learning & Growth

- 1 Did you achieve the desires and expectations you had, going into your internship, for personal and professional growth. How or how not?
- 2 What have you learned about your character and work ethic within a professional work environment? What do you need to improve upon?
- 3 What have you learned about yourself as a leader and as a "team player"?
- 4 How has your internship experience shaped your career interests and goals?

#### III. Strategic Analysis & Recommendations Business Memo

In order to assess your ability to write a persuasive and coherent business memo that demonstrates strategic and critical thinking skills, you are to write a 2-page (single-spaced) business memo addressed to your internship supervisor. This is a fictional memo for educational purposes that will NOT be shared with your internship supervisor; however, it is to incorporate real-world facts and situations from your internship experience.

In this memo, you are to identify a major strategic issue/challenge facing your organization, or a strategic opportunity that would enhance your organization. The memo should detail and then critically assess the issue/challenge/opportunity. The memo should conclude with your recommendation(s) on how your organization can best address the issue/challenge or pursue the opportunity. Be as specific as possible, using the knowledge gleaned from your internship, as

well as key learnings and takeaways from your reading of McCormack's book *What They Don't Teach You At Harvard Business School* 

In writing this memo, you should be cognizant of the following bases on which your business memo will be assessed: Professional writing standards (tone, coherence, grammar); Design/format (readability, skim-value); Persuasion and Argumentation (supported claims, relevant evidence, counter-arguments, critical analysis; clearly stated reader point-of-view and purpose).

#### **Grade for the Internship**

A grade of satisfactory (PASS) or unsatisfactory (FAIL) will be submitted to the Registrar's Office after an acceptable internship and a completed evaluation form (from the sponsor) are received.

# **Internship Learning Objectives Form**

Student'	s Name:	Term:
Sponsor	ing Agency:	
Employe	er's Name:	Signature:
Directio	ons:	
1. 2.		following three sections.  End form to the Director of Internships by the end of the second of the s
3.		objectives in consultation with your Cooperating Professional.
		tatement: In a brief paragraph, reflect on your vision and desired professional growth through your internship experience
	ON B: Technical skills and l/professional aspects of	nd competencies you hope to heighten (e.g., skills related to the your position).
1		
2		
_		
	ON C: Interpersonal skill ip skills, communication	s that you hope to enrich through your internship (e.g., a skills, etc.).
1		
_		
2		
_		

### **Internship Evaluation of the Agency Form**

\* This form is to be appended to the Internship Report.

**Instructions:** Please rate the strengths and weaknesses of the organization in terms of meeting your needs as an intern. Use the following scale:

Excellent 5	Good 4	Adequate 3	Poor 2	Not at all 1	Not Applicable N/A
ITEM					SCORE
1. Accepted	l you as a fu	nctional memb	er of the ag	gency staff.	
	you with re ervision and	levant experier leadership.	nces in adn	ninistration,	
		rofessional grov nars, other deve		ences (e.g., train activities).	ing
	assistance t		ng your pe	rsonal and profe	ssional
		ces essential to ofessionals (lib		ation of sport oment, supplies,	etc.).
6. Provided	you with th	e opportunity t	o dialogue	with other prof	essionals
7. Provided	you with su	ifficient feedba	ck on your	performance.	
	you the opp ations.	ortunity to test	classroom	theory in applie	ed
		our suggestions ale for accepta		mendations and ction.	
•	recommend eck): Yes_	-	-	t to other future	interns?
Additional	Comments:				

# **Internship Evaluation of the Supervisor Form**

This form is to be appended to the Internship Report.

**Instructions:** Please rate the quality of supervision you received by your agency supervisor during the internship. Use the following scale:

Excellent 5	Good 4	Adequate 3	Poor 2	Not at all	Not Applicable N/A	
ITEM					SCORE	
1. Interested	in your de	velopment.				
2. Willingne	ss to discus	ss the full range	e of activiti	es at the agency.		
3. Ability to solutions.	respond to	your problems	and help y	ou work toward		
4. Quality of	fconference	es with the age	ncy superv	isor.		
5. Adequacy	of arrange	ments made to	orient you	to the agency.		
6. Sensitivity	y to your ne	eeds in accomp	lishing you	ır objectives.		
7. Expressio	n of encour	ragement and s	incerity.			
8. Understanding of philosophy and practices in the profession.						
				hanging situation		
10. Opennes	s to change	e, innovation, a	nd new tec	hniques.		
Would you recommend this internship placement to other future interns? (Please Check): Yes No						
Additional C	Comments:					